



Friday Facts



Bureau of Nutrition & Health Promotion
1-800-532-1579

Week ending issue: January 6, 2017 – Issue #315

Policy

Policy from the WIC State Program Certification Policy and Procedure Manual

Policy 215.15 Physical Presence at Certification

This policy describes when physical presence is required and the situations when exceptions may be made. When an applicant is exempted from being physically present, the parent/guardian or proxy must bring all of the other necessary documents to determine WIC eligibility including:

- Income
- Identity
- Address
- Height and weight measurements 30 days old (children)
- Length and weight measurements 30 days old (infants)

Physical presence at certification provides the opportunity for WIC personnel to observe and physically assess each applicant's nutrition and health status. Immediate needs for medical attention or other social services can be readily identified and referrals made to other providers. Participants also have the opportunity to actively participate in nutrition education activities and receive other on-site services such as immunizations or lead screening. However, requiring physical presence presents barriers to service for working or student parents/caretakers. Local agencies are encouraged to accommodate these families by providing early morning, evening, and/or weekend appointments.

Document physical presence in the WIC data system. If the applicant was not present, document the reason why an exemption was granted.

Information

- **Community Water Fluoridation, the right choice**

Community Water Fluoridation (CWF) has been called by the CDC '[One of the 10 greatest public health achievements of the 20th century](#)'. Fluoridated drinking water supports tooth enamel, keeping teeth strong and healthy, and [reducing tooth decay by 25 percent](#). The current recommendation by the CDC is a fluoride level of 0.7 mg/L for your community's water. More than 3,000 studies have been completed on fluoridation and the overwhelming weight of the evidence, plus more than 65 years of experience, supports the safety and effectiveness of fluoridation. Accurate information can be found on the following websites:

ilkemyteeth.org

cdc.gov/fluoridation

idph.iowa.gov/ohds/oral-health-center/fluoride

<https://iowapha.wildapricot.org/CWF>

Tooth decay is one of the most common chronic diseases among children. Children should be encouraged to choose fluoridated tap water over beverages high in sugar.

- **Job Openings - WIC Nutrition Consultants (Iowa Department of Public Health)**

Job openings for two WIC Nutrition Consultant (Community Health Consultant) positions at the state WIC office (Iowa Department of Public Health) have been posted.

1. WIC Nutrition Consultant (Community Health Consultant) with the Bureau of Nutrition and Health Promotion. The job number is 18397BR and is open to all applicants who meet the selective requirements for 890 Licensed Dietitian. This position will be posted until January 11.

2. WIC Nutrition Consultant (Community Health Consultant) with the Bureau of Nutrition and Health Promotion. The job number is 18398BR and is open to all applicants who meet the selective requirements of 890 Licensed Dietitian. This position is posted until January 11.

For further information or to apply for this job, go to <https://das.iowa.gov/human-resources/state-employment/application-process-faqs>.

Thank you of the Week

"WIC has been an immense help to me and my family. It has just been a great program to be able to supplement for my family. I am still at a place where I am really struggling financially until I get over the hump of making the changes that are necessary to grow my business to a place where I can make enough income to support my family. So, it has been fantastic to have the WIC Program as another way that I can ensure the success of my business.

"The economy would be struggling so much harder if we didn't have so many creative, entrepreneurial types of people doing small things and really invigorating the economy by working together, on a local level and supporting each other through these kinds of programs. Some people have a stigma about getting help from government agencies—that the people that get that help are lazy, or how they are just taking advantage of the system. I think that nothing could be further from the truth. The WIC Program is one of those programs that people can qualify for who are working really hard to try and create something viable for themselves and their families. [They] don't have quite enough income to be able to make all of those ends meet while supporting our country by starting a small business."

Participant Centered Services

Participant-centered nutrition education focuses on a person's capacities, strengths, and developmental needs - not solely on her problems, risks or negative behaviors.



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Trainings, Conferences, Webinars etc.....

- **The Healthy Children Lactation Counselor Training course (CLC)** is being offered in Des Moines Feb 13-17, 2017. The training will be held at AmeriHealth Caritas Community Office at Harding Hills, 3420 Martin Lutheran King Jr. Parkway, Des Moines, IA 50310, located next to the Harding Hills Hy-Vee. It is very seldom that this training is hosted in Iowa, so take advantage while you can. The

number of attendees is limited and you need to register four weeks prior to the start date to get the early bird price. To register, go to The Center for Breastfeeding website at www.healthychildren.cc/clc.htm and select Des Moines for the city you want to attend. This is a 'last minute' training due to cancellation of another site. For more information contact Karen Goff at 515-282-6704 or kgoff@broadlawns.org

Dates to Remember

- **2017 Dates to Remember:**

Contractor's Meeting Webinar- **January 31, 2017 9 am- 12 pm**

Maternal Core Training- **March 29, 2017**

Breastfeeding Core Training- **March 30, 2017**

Infant/Child Core Training- **August 1, 2017**

Coordinator Meeting (In-person)- **August 29, 2017**

Communication and Rapport Core Training- **October 24, 2017**

- **NETC 2017 Schedule:**

January:

NETC Go-To-Meeting (All new staff) – January 12, from 8:30-11:30 (Nicole and Nikki)

NETC Go-To-Meeting (Health Professional) – January 19, from 8:30-11:30 (Kimberly and Nikki) NETC Go-To-Meeting (Support Staff) – January 26, from 8:30-11:30 (Connie and Nicole)

March:

NETC Go-To-Meeting (All new staff) – March 9, from 8:30-11:30 (Nicole and Nikki)

NETC Go-To-Meeting (Health Professional) – March 16, from 8:30-11:30 (Kimberly and Nikki)

NETC Go-To-Meeting (Support Staff) – March 23, from 8:30-11:30 (Connie and Nicole)

May:

NETC Go-To-Meeting (All new staff) – May 11, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Health Professional) – May 24, from 8:30-11:30 (State staff TBD) NETC Go-To-Meeting (Support Staff) – May 25, from 8:30-11:30 (State staff TBD)

July:

NETC Go-To-Meeting (All new staff) – July 13, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Health Professional) – July 20, from 8:30-11:30 (State staff TBD)

TBD)

NETC Go-To-Meeting (Support Staff) – July 27, from 8:30-11:30 (State staff TBD)

September:

NETC Go-To-Meeting (All new staff) – September 14, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Health Professional) – September 21, from 8:30-11:30 (State staff TBD) NETC Go-To-Meeting (Support Staff) – September 28, from 8:30-11:30 (State staff TBD)

November:

NETC Go-To-Meeting (All new staff) – November 9, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Health Professional) – November 15, from 8:30-11:30 (State staff TBD) NETC Go-To-Meeting (Support Staff) – November 16, from 8:30-11:30 (State staff TBD)

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Tolerex Formula	7 boxes w/6 packets each, plus 2	2-17	HACAP	Angela Munson (319) 366-7632
RTU Neosure	26 containers	9-1-17	Upper Des Moines	Tammy Chapman, RD, LD (712) 859-3885
RCF Concentrate	11 cans	5-17	Webster Co.	Kathy Josten, LD CBE (515) 573-4107
Therapeutic Pediasure, 1.5 cal. Per ml 350 cal.	68 – 8 oz. cans		North Iowa Community Action	Carla Miller, LBSW (641) 423-5044 ext. 24
Alfaminio Infant 14.1 oz. Powder	3 containers	5-8-17	Pottawattamie Co.	Kris Wood, MS, RDN, LD (712) 328-5886
Neocate	6 cases (4 cans per case)	3-19-17 to 6-18-17	Johnson Co.	Chuck Dufano (319) 688-5863
Enfagrow Toddler Transitions Soy	2 cans			
Enfragrow Toddler	3 cans			

Transitions Milk				
Eternal Pediasure Vanilla flavored	112 cans	7-17	Scott County	Deb Dodson (563) 823-9228
Compleat Pediatric Unflavored	2 Cases	One expires 2-5-17 and the other one expires 4-1-17	Community Action	Emily Schinstock (319) 753-0193

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Additionally, program information may be made available in languages other than English.

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1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
2. Fax: (202) 690-7442; or
3. Email: program.intake@usda.gov

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